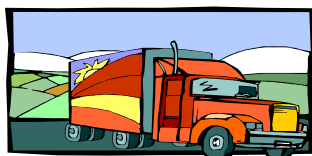
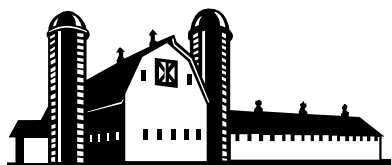


The Commodity Shelf

Department of Elementary and Secondary Education, School Food Services Section

November 2005



For information phone 573-751-2646/9424/7253 or fax 573-526-3897

LAST CHANCE

There is still room left at our Commodity Expos's. Monday, November 7th the Expo will be at Fox C-6 in Imperial, Tuesday, November 8th in Waynesville, Wednesday, November 9th in Jefferson City and Thursday, November 10th at Fort Osage in Independence. All Food Service Directors are encouraged to attend. An update on commodity issues will be presented prior to the exhibit of food items. Processors will provide samples of products that will be offered for the 2006-2007 school year. The registration form is on our Website.

Sunflower Seed Butter

Sunflower Seed Butter is now available as an open order item. The Nutrition Facts information and USDA Commodity Fact sheet are provided below.

A 2 Tablespoon serving of sunflower seed butter provides approximately:

Nutrition Facts	
Calories	200
Protein	7 g
Carbohydrate	7 g
Fat	16.0 g
Saturated Fat	2.0 g
Cholesterol	0 mg
Iron	1.0 mg
Calcium	20 mg
Sodium	120 mg
Dietary Fiber	4 g
Vitamin A	0 RE
Vitamin C	0 mg

USDA Commodity Fact Sheet

Schools & Child Nutrition Institutions

Name: SUNFLOWER SEED BUTTER

Category: Meats and meat alternates.

Revision Date: 04/30/04

Description:

Sunflower seed butter is a spread made from sunflower seeds. It is similar to peanut butter in taste and texture and can be used as a substitute for peanut butter for most persons with peanut allergy. A SMALL NUMBER OF PEOPLE WITH PEANUT ALLERGY MAY ALSO BE ALLERGIC TO SUNFLOWER SEED BUTTER. CAUTION MUST BE USED IF PROVIDING THIS PRODUCT TO PERSONS WITH KNOWN PEANUT ALLERGY. Sunflower seed butter is a good source of protein and is low in saturated fat.

Pack Size:

6/5 pound containers

Yield:

One pound of sunflower seed butter will yield 14-2 Tablespoon servings. Two Tablespoons of sunflower seed butter provides 1 ounce of the meat/meat alternative for the School Lunch Program.

Uses:

Sunflower seed butter can be used in sandwiches and baked items as an alternative to peanut butter.

Storage:

Store sunflower seed butter in a cool, dry place. Avoid freezing and hot temperatures. Store opened containers tightly covered in refrigerated storage.

Best if Used By:

For guidance on how to effectively manage, store, and maintain USDA commodities, please visit the FDD Website at: <http://www.fns.usda.gov/fdd/facts/biubguidance.htm>

Preparation:

Sunflower seed butter can be used in sandwiches or snacks such as stuffed celery. It can also be substituted for peanut butter in recipes for baked goods such as cookies, cakes, or muffins. CAUTION SHOULD BE TAKEN TO PREVENT CROSS CONTAMINATION WITH WORK SURFACES AND COOKING/SERVING UTENSILS THAT HAVE BEEN USED TO PREPARE ITEMS CONTAINING PEANUT BUTTER. ANY SURFACES THAT HAVE BEEN IN CONTACT WITH PEANUT BUTTER SHOULD NOT BE USED TO PREPARE/SERVE SUNFLOWER SEED BUTTER.

Prorated Commodities

Following is a listing of PRORATED entitlement and bonus commodity items expected to be available for the 2005-2006 school year. These items are prorated based upon your ADP. **If you wish to refuse all, or any part of your allocation, your Authorized Representative must notify our office in writing at least 6 weeks in advance of the estimated delivery period.** These commodities are for use in authorized feeding programs only. Commodities, amounts, and delivery dates are subject to change.

<u>FRUITS AND VEGETABLES</u>	<u>Pack Size</u>	<u>Estimated Delivery Period</u>	<u>Estimated Value</u>
Potato Wedges, frozen (34)	6/5lb case	Start Aug. 15 – Complete Nov. 15	\$11.72
Pineapple Tidbits, canned (60)	6/#10 case	Start Sept. 1 – Complete Nov. 15	\$26.34
Pears Sliced, canned (60) (1 st alloc)	6/#10 case	Start Sept. 1 – Complete Nov. 15	\$18.32
Peach Cups, frozen (39) (1 st alloc)	96/4.4 oz cups	Start Sept..15 – Complete Nov. 15	\$21.48
Pears, Diced, canned (56)	6/#10 case	Start Sept. 15 – Complete Nov. 15	\$15.66
Corn, frozen (41) (1 st alloc)	30 lb case	Start Sept. 15 – Complete Nov. 15	\$10.51
Green Beans, canned (60) (1 st alloc)	6/#10 case	Start Nov. 1 – Complete Dec. 15	\$14.08
Peaches, frozen (41)	20 lb. case	Start Nov. 1 – Complete Dec. 15	\$14.08
Pear Halves, canned(60)	6/#10 case	Start Nov. 1 – Complete Dec. 15	\$19.14
Potato Rounds, frozen (41)	6/5 lb case	Start Nov. 1 – Complete Dec. 15	\$11.32
Pineapple, Chunks, canned (60)	6/#10 case	Start Dec. 1 – Complete Jan. 15	\$26.53
Applesauce, canned (50)	6/#10 case	Start Dec. 1 – Complete Jan. 15	\$11.50
Fruit Mix, canned (60)	6/#10 case	Start Dec. 15 – Complete Feb. 1	\$17.68
Peaches, Diced, canned (60)	6/#10 case	Start Jan. 1 – Complete Feb. 28	\$15.61
Corn, frozen (41) (2 nd alloc)	30 lb case	Start Jan. 1 – Complete Feb. 15	\$10.51
Potato Oven, frozen (41)	6/5lb case	Start Feb. 1 – Complete Mar. 15	\$11.60
Spaghetti Sauce, canned(57)	6/#10 case	Start Feb. 1 – Complete Mar. 15	\$6.87
Green Beans, canned (60) (2 nd alloc)	6/#10 case	Start Feb. 1 – Complete Mar. 15	\$14.08
Pears Sliced, canned (60) (2 nd alloc)	6/#10 case	Start Mar. 1 – Complete April 15	\$18.32
Salsa, canned (58)	6/#10 cans	Start Mar. 1 – Complete April 15	\$13.98
Peach Cups, frozen (39) (2 nd alloc)	96/4.4 oz cups	Start Mar. 1 – Complete April 15	\$21.48
<u>MEAT/MEAT ALTERNATE</u>	<u>Pack Size</u>	<u>Estimated Delivery Period</u>	<u>Estimated Value</u>
Am. Sliced Cheese (34) (1 st alloc)	6/5 lb loaves	Start Sept. 15 – Complete Nov.15	\$41.87
Ground Beef (18) (1 st alloc)*	40 lb case	Start Sept.1 – Complete Nov. 15	\$60.22
Cut-Up Chicken (19) (1 st alloc)*	40 lb case	Start Oct. 1 – Complete Nov. 15	\$25.60
Am. Sliced Cheese (34) (2 nd alloc)	6/5 lb loaves	Start Dec. 1 – Complete Jan. 15	\$41.87
Ground Beef (18) (2 nd alloc)*	40 lb case	Start Dec. 1 – Complete Jan. 15	\$60.22
Ground Beef (44) (3 rd alloc)*make-up	40 lb case	Start Mar. 1 – Complete April 15	\$60.22
Am. Sliced Cheese (38) (3 rd alloc)	6/5 lb loaves	Start Mar. 1 – Complete April 15	\$41.87
Cut-Up Chicken (30) (2 nd alloc)*	40 lb case	Start Jan. 1 – Complete Feb. 15	\$25.60
<u>OTHER</u>			
Pudding, Vanilla, Plastic Cup (47)	48/3.5 oz cup	Completed	\$12.54
Pudding, Choc., Plastic Cup (47)	48/3.5 oz cup	Start Aug. 1 - Complete Nov. 15	\$12.54

The number shown in parenthesis for above product means your LEA will receive approximately one (1) case of that product per that number of Average Daily Participants (ADP).

Example: Peas, Frz (56) The number in parenthesis is the number of cases you will receive per ADP.

If you have an ADP of 112 you can expect to receive 2 cases of Peas, Frz. $112 \div 56 = 2$ cases

* If you had 25%, 50%, etc. of this product processed, adjust your ADP accordingly when calculating allocation rates. If you had 100% of this product processed, you will not receive any.

OPEN ORDER FORM

DEADLINE THE 15TH 12 NOON

Following is a listing of entitlement and bonus commodity items that we anticipate receiving for the 2005-2006 School Year. This listing is updated monthly. Items are charged against entitlement. Bonus items designated (B) are not charged against entitlement.

These items, if needed, must be ordered. Orders must be in this office no later than 12 noon on the 15th day of November for December. You may obtain these commodities one of three ways. You may write, telephone, or fax your orders.

Delivery Month_____

NAME OF SCHOOL -----			AGREEMENT NUMBER ____ - ____ - ____ - ____
Commodity	Pack Size	Value	Number of Cases Ordered
Cornmeal, Degermed	4/10 lb bag	\$ 6.44	C.
Flour, All-Purpose	4/10 lb bag	\$ 5.58	D.
Flour, Bread	4/10 lb bag	\$ 6.41	E.
Flour, Whole Wheat	4/10 lb bag	\$ 11.56	Temporarily Out Of Stock
Macaroni, Enriched	20 lb case	\$ 4.79	G.
Rotini, Enriched	20 lb case	\$ 5.34	H.
Spaghetti, Enriched	20 lb case	\$ 5.06	I.
Salad Oil	6/1 gallon	\$17.74	J.
Shortening, Liquid	6/1 gallon	\$18.31	K.
Shortening, Solid	12/3 lb can	\$23.37	L.
Peanut Butter	6/5 lb jar	\$20.76	M.
Oats, Rolled	12/3 lb bags	\$ 8.66	N.
Rice, Parboiled	25 lb bag	\$ 4.12	O.
Eggs, Whole, Frozen	6/5 lb crtn	\$25.74	R.
Salmon in Pouch*	6/3.3 lb bag	\$32.67	Y.
Bakery Mix, Lo-fat	6/5 lb bag	\$18.89	AC.
Walnut, Pieces*	24/1 lb bag	\$51.92	AJ.
Sunflower Butter	6/5 lb can	\$44.34	AL.
Apple Slices, canned*	6/#10 cans	\$14.87	AM.

TOTAL CASES ORDERED _____

* Denotes limited quantities available.

Department of Elementary & Secondary Education
School Food Services
P.O. Box 480
Jefferson City, MO 65102
FAX: 573-526-3897
PHONE: 573-751-2646

MO 500-2146
October 2005